

A few words from the Principal.....Zlatko Pear

Issue 6: 5th May 2023

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Welcome to Term Two

Hello all and welcome back to school for Term Two. I would also like to welcome the new families that started with us last week.

It is great to see almost all of our students wearing full school uniform. With the onset of cold weather it is important that parents ensure that students have warm uniform items to wear. All uniform items can be purchased locally at 'Billy and Me'. Please remember that students are permitted to wear any items of clothing under their uniform - **on the condition that it is not visible**. In order to help you identify our uniform, all items (except the tartan skirt and summer dress) are logoed. This means, **if it is not logoed – it is not uniform**. If you are having problems purchasing uniform due to genuine financial difficulties please contact me at the College to confidentially discuss your situation.

Mental Wellbeing Week

Mental Wellbeing Week is a joint venture between the MFNC, Alpine Health, NESAY, Alpine Shire and the three local schools. The week will begin with keynote speaker, Mitch McPherson presenting at the luncheon at the Saints home game on Saturday 13th May. Mitch is the 2017 Tasmanian Young Australian of the Year, and Founder of Tasmanian based mental health and suicide awareness organisation **SPEAK UP! Stay ChatTY**. Secondary students will be involved in sessions with Mitch on the following Monday and Tuesday. Primary school students will be engaged in classroom activities focused on positive mental wellbeing, with the week cumulating in whole day activities on the Friday of that week.

The week will also include a community session delivered by Child and Adolescent Psychologist, Dr Michael Carr-Gregg on Thursday 18th May at EMPAC starting at 6pm. Although this will be a free event we would like you to confirm your attendance online at <https://nesay.com.au/upcomingevents> or by calling 5720 2201.

Congratulation Taleah

Well done to our Year 8 student, Taleah Elkington for her success at the Victorian State Schools Swimming Championships. Taleah won three gold medals and a silver medal across a number of events. She is now looking at becoming a member of the State Swimming Team. More details are in this newsletter.

ANZAC DAY



Our College Captains Jack Chisholm and Hannah Pear and our Junior School Leaders Ben Hodgkin and Alice Branagan were all involved in the ANZAC Day Service last month. Jack and Hannah spoke very well during the service and Ben and Alice placed a wreath at the cenotaph on behalf of Myrtleford P12 College.

Many other students were involved in the ANZAC Day March, representing different sporting and community organisations. Congratulations to all of the students involved in the ANZAC Day Service. We are very proud of you.



The Forgotten Warrior

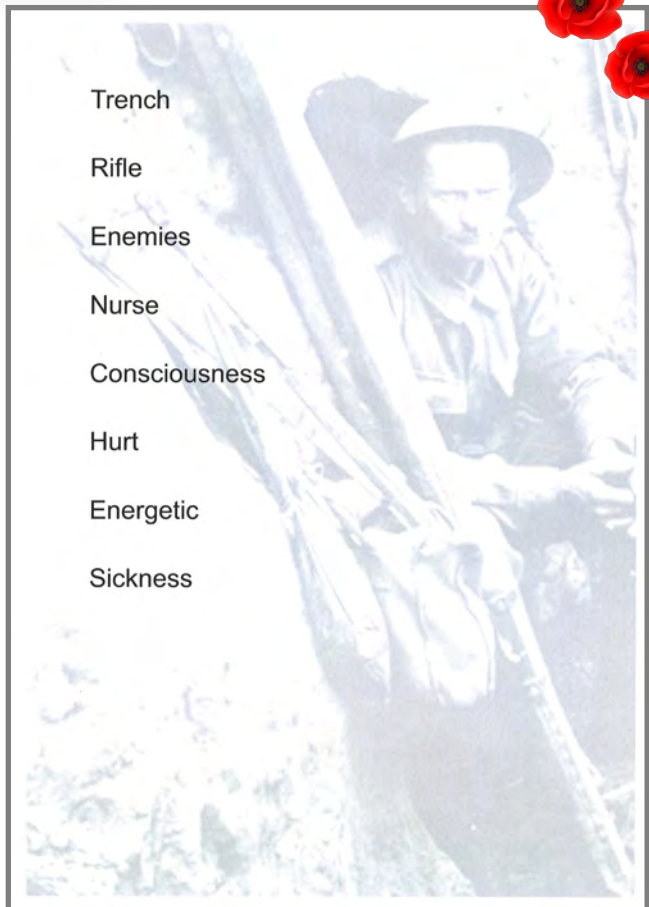


The Forgotten Warrior
(Peter Craigie)

Trenches
Rifle
Eventful
Nurses
Continual
Help
Excellent
Solider

By Miah Brown

- Trench
- Rifle
- Enemies
- Nurse
- Consciousness
- Hurt
- Energetic
- Sickness



The Forgotten Warrior

Last Friday, Grade 5/6's went to EMPAC to watch a play called 'The Forgotten Warrior'. It was an interactive play about a young Aboriginal soldier who enlisted to fight in World War I and the impact it had on his life - both during and after the war. Here are some of the students' poems and writing about the Forgotten Warrior.

Ms Beer

THE FORGOTTEN WARRIOR - TANKA

THERE HE WAS, IN WAR.

A GRUESOME PLACE, WORLD WAR ONE.

PETER WAS WITH THEM.

INDEED, A BAD PLACE TO BE.

WE REMEMBER THOSE WHO FOUGHT.

BY LINCOLN THORPE

The Forgotten Warrior

BY KODEY S

Before World War I some people in Australia were so unfair and super racist to aboriginal people.

Peter Craigie went to the war and returned but not many people survived the war.

The Forgotten Warrior

There was a warrior named Peter Craigie, who asked a girl Daisy to marry him right there and then. She paused suddenly Then she said "Yes!" After Daisy said "yes", Peter Craigie and Daisy packed their bags and went to Adelaide to get married.

After Peter Craigie was married, he went to fight in the war. He had trouble getting in because he was Aboriginal but eventually he got in. There was a gas explosion in the war, Peter inhaled some gas but he didn't get his gas mask on quick enough. It destroyed his lungs.

When Peter came home Daisy was very worried. She kept crying every time Peter coughed. He kept coughing and got a bit sick but still survived and he had a family and 10 kids.

The Forgotten Warrior

The Forgotten Warrior
(Peter Craigie)

War
Aboriginal
Resilience
Respectful
Indangered
Omen
Rifle

By Miah Brown

*Peter craige
Had a horse
And a wife
He went to world war 1
To become a anzac
He fought for his country
And met new friends in the trenches
Then he went home
And he was forgotten.*

The Forgotten Warrior

Peter Craigie got married, Peter and his wife were both aboriginal. He then went to fight in World War 1. He almost died in the trenches with some dude called Dave Trevally.

He returned home to his wife. He goes to a bar and gets kicked out because he is Aboriginal, he finds his best friend, Dave, at the bar and then everyone leaves with them.

By Cody Versteegen

Soldier-acrostic poem
by Ava

Soldier
Omen (warning)
Life
Illegal
Death
Ignite
Executed
Rifle

The Forgotten Warrior

He was a soldier,
Peter Craige was forgotten,
He was accepted,
Peter Craige fought in world war 1,
He came home forgotten

By vishva

Fantastic Sports Results!

Taleah Elkington recently competed at the School Sport Victoria State Swimming Championships in Melbourne and won four medals!

Taleah won Gold in the 50m butterfly and 50m Freestyle and 50m Breaststroke and Silver in the 50m Backstroke.

Taleah has been invited to apply for the State Victorian Team and is now just waiting to see if she can go to Nationals in August (Sydney).

Phenomenal effort Taleah! We are proud of you and wish you luck at Nationals!



Garcia Zanetti recently won the Hume Regional Primary Tennis Championships for his age group and will be going to Melbourne later this month to compete in the Victorian State School Championships. Great effort Garcia, we are very proud of you. Good luck at State!

HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge

Term 2

Welcome back to Term 2. It's a little cooler now and everyone has been very keen on cheese toasties at recess, that's for sure.

This term I am taking Long Service Leave and heading overseas exploring. This will alter a few of the programs I run at the school, but I have worked closely with others to reduce the impact as much as possible.

Breakfast will only run two days this term instead of three.

There will be Tuesday toasties at recess in the SLA, thanks Danielle and Miranda.

Miranda's Friday breakfast in the canteen will continue unchanged.

However, there will be **NO Thursday breakfast**. Please note this, if your student usually relies on breakfast at school on a Thursday.

Visits to the Lodge will not happen in Term 2, but watch this space for an exciting adventure for Senior students at the Lodge during Term 3 and continued visits for the primary classes.

From your School Nurse Rosemary, I wish everyone a very happy and productive Term 2 and look forward to a very busy Term 3. If you have any concerns, ideas or requests for support from the school nursing program during my time off please contact the school and they will point you in the right direction.

Quote for the week: : "It's never too late to be what you might have been."

Upcoming Events at College...



PHOTO DAY IS COMING
MONDAY 22nd MAY 2023

MSP Photography will be visiting our school on the above day.

- ☐ Read all the relevant instructions carefully before making your package choice.
- ☐ Order online www.msp.com.au or by placing cash inside the envelope. Please enclose correct amount as no change will be given.
- ☐ Orders close on photo day, please order early to avoid a \$20 late fee.
- ☐ Sibling photo envelopes are available at the school office on request.

LIFE IS EASIER WITH MSP

Please call MSP on 5482 3190
if you have any questions.

2023 VCE Formal preparations have begun!

Students from our VCE cohort celebrated the start of Term 2 with the commencement of their Formal dance training. The Formal will be held on the last day of Term 2 (Friday the 23rd of June) at the Savoy Club. As always, the 12 participating couples are very excited to be involved! It is a beautiful night spent celebrating our wonderful group of young adults and we, as a school, are excited to be able to host these important moments once again in our post-COVID world.


Tickets will be available to purchase from the front office in the weeks preceding the event.
Ms Schaeffer




YOU'RE INVITED TO OUR
BOOK FAIR!

Thursday 8th and Friday 9th June
8.30am-4.30pm
At the College Library

Parents and Family are invited to attend.
More details to follow soon.

 SCHOLASTIC





Spread the Sparkle Badges

\$10 each

One of a kind, handmade with love mainly from recycled materials
 All proceeds go towards buying warm blankets for those in need in the hill tribes of Northern Thailand
 For sale now in Crafty's Art Room
 Thanks

Hi, my name is Goldie & I am 10 years old. I am lucky enough to be going on a big adventure back packing through Thailand with my family this year. I am wanting to be kind & make a difference to the lives of kids that don't have basic things that many of us take for granted like three meals a day, medicine when we don't feel well & warm clothes & blankets to snuggle in when we are cold.

During our trip we will be heading up to Northern Thailand visiting Karen tribes in villages in the mountains. Although Thailand is a hot country most of the time, it can get very cold at night up in the hill tribes.

By selling our one of a kind handmade rainbow badges that my mum & I have made together, we are aiming to buy as many warm blankets and clothes as we can once we arrive in Chiang Mai to take with us on our adventure to give to those in need.

I hope you enjoy wearing your awesome new badge and that it is a reminder to SPREAD THE SPARKLE wherever you go each day!

Thanks



goldie 😊



Parents Club News...

Mother's Day Gifts



This year we are doing things a little bit differently. We won't be having our traditional stall but instead will be working closely with Mrs Craftwright to create a personal gift from your child to their mum or special person. There will still be a \$5 cost associated, to help cover our costs and also raise money for Parents Club. We have put a limit of one gift per child. Envelopes will have gone home Tuesday/Wednesday this week. Money will be due back on Tuesday 9th of May. We hope that all the mum's and special people enjoy the gift that they receive.

Thanks for your support.

Parents Club

Library News

What a busy term this is shaping up to be here in the College library!



Premier's Reading Challenge

The Premier's Reading Challenge is keeping many of the students and teachers busy reading books from the Challenge List. You may hear your children talking about black dot books. We have been working hard to label each Challenge book with a black dot so it is easy for the students to identify books from the Challenge list.

National Simultaneous Storytime

National Simultaneous Storytime is on the 24th May. This year's book is called *The Speedy Sloth*, written by Rebecca Young and illustrated by Heath McKenzie. A great story about celebrating all winners, including those who don't come first!

Join us, and thousands of other students and families for this on-line event, reading the book simultaneously all over the country!

More information about registering to join in can be found here: [ALIA National Simultaneous Storytime 2023](#)



Book Fair

The 2023 Book Fair is planned for 7th and 8th May. This year's theme is *Bookaneer Book fair– Where books are treasure!*

More information about the Book Fair will be sent out on Class Dojo and future newsletters. Watch out for the flyer that will be sent home soon too. Students will have the opportunity to browse through the books prior to the Fair and make up a wish list for purchase. The library leaders are busy helping and planning for this big event.

Every dollar earns resources for the school. Just like Book Club, when families purchase from the Book Fair, the College earns resources for the students. Our students really appreciate the items that are put straight into the classroom for their benefit.



Here are a few Preps with some of the equipment recently received from Scholastic Rewards. Each classroom received resources for use by the students. Thank you for your purchases from Book Club and Book Fair!

Library News

New Books

After many requests from students, I have received a collection of MANGA book titles. This Japanese style Graphic Novel has proven to be popular already— out on loan before they even hit the display shelves!

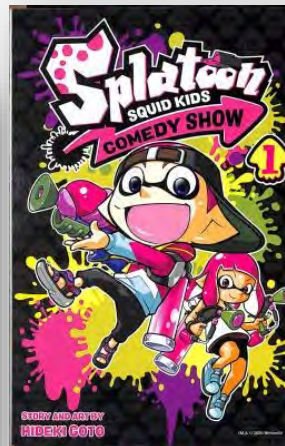
Popular titles for high school students:

Kubo won't let me be invisible
Haikyuu!
Spy and Family
Ao Haru Ride



Popular series for Primary students:

Pokemon
Kirby Magna Mania
Splatoon



Children's Book Council Award Books

The CBCA Shortlisted Books have now been announced and those titles will also be arriving shortly.

Further information about the CBCA titles will be in future newsletters. The shortlisted books include picture story books, novels and non fiction titles for varying age groups. More information about these books can be found on the Children's Book Council website.

<https://cbca.org.au/shortlist-2023>

....Mrs Morgan

Year 2 in the Science Lab

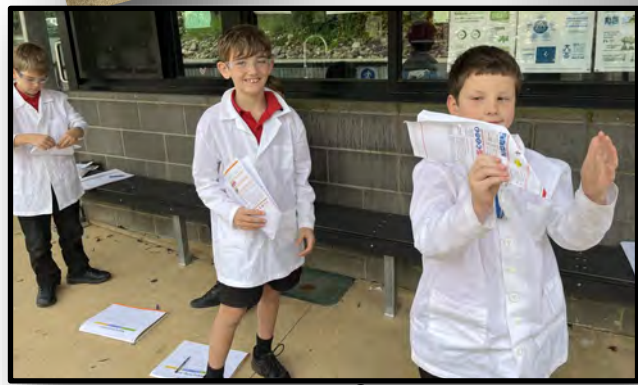
This term we are learning about physical Science and how things move.

Claire provided us with an introduction to the unit and the students explored how different objects move through the air, on the ground and in water.

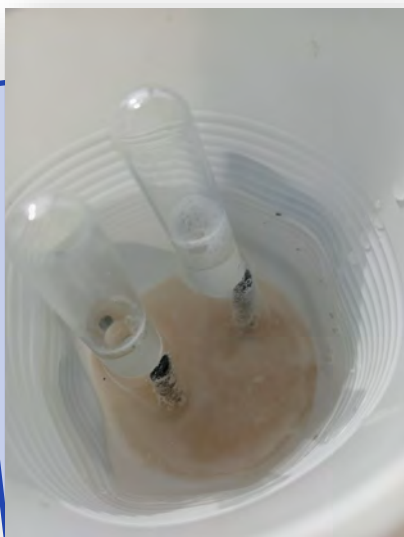
They discovered concepts such as sink and float, push and pull, gravity and air resistance.

We were lucky enough that Claire had some dry ice to show us in an experiment.

Mrs Allan and Mrs Cavallin



Year 12 Chemistry



Students in Year 12 Chemistry made a hydrogen fuel cell which could generate 1.5 volts of electricity! Hydrogen and oxygen gas are produced using an electrical current to split water. Once the hydrogen gas is generated, the cell is able to spontaneously supply electricity to a circuit.

Ms Mitchell



The Mandala Project and Youth Albury Wodonga, with the support of the State Government's Engage! Funding are pleased to offer 22 young people aged 15 to 17, the opportunity to participate in a 10 day Mittagundi Program and 2 day follow up camp in October this year at a heavily subsidised cost of \$275.

A flyer is attached which directs you to more information and a link to an online Expression of Interest form.

MITTAGUNDI
& REUNION CAMP
2023

MITTAGUNDI 5 OCT - 14 OCT 2023
REUNION CAMP 27 OCT - 29 OCT 2023

COST | \$275 WHO | 15yrs + N.E Victoria

MANDALA PROJECT **VICTORIA State Government** **YAW**
Engage! | Connect | Rejuvenate THE ALBURY WODONGA

<http://www.themandalaproject.com.au/menu#PublicPrograms>
Thanks to Victorian State Government ENGAGE! Funding



**Partners in
Parenting**



**MONASH
University**



Is your teenager struggling to attend school due to anxiety, depression or emotional distress?

Be among the first to trial a new online parenting program designed to support parents of teens struggling with school attendance.

Researchers from Monash University and Deakin University are offering parents a **FREE online parenting program** designed to support parents of teenagers who have **difficulty attending school due to anxiety, depression, or emotional distress** (sometimes called 'school refusal', 'school can't', or 'school phobia'). The program is being offered as part of a research trial.

What's included in the program?

- A parenting self-assessment tool with personalised feedback
- Up to 13 online modules with practical strategies to support your teen's mental health and school attendance
- Complete weekly modules and work towards goals

Who can take part?

You may be eligible to participate if:

- you are the parent or guardian of a teenager aged 12-18
- live in Australia
- can read, write, and speak in English,
- have regular access to the Internet.

The program is not recommended as a sole source of support for young people experiencing school refusal. We recommend seeking professional support from a mental health or education professional alongside completing this program. Although all parents are able to take part, please also note that the program content is not tailored for parents of teenagers with Autism Spectrum Disorder or intellectual disability.

What else is involved?

To help us evaluate the program, we'll ask you to complete two online surveys about your parenting and your teen's mental health. We may also invite you to complete an interview about your experience with the program. You'll receive a \$20 gift voucher after completing the second survey, and an additional \$20 gift voucher if you complete an interview.

FIND OUT MORE:

pip-ed.web.app

Contact:

med-pip-ed@monash.edu



In the community

Dear Parents,

RE: Upcoming webinar for parents – *How to Help Get (and Keep!) Your Child Motivated*

We're excited to announce that Elevate Education will be hosting a free webinar for our parents on **Wednesday 10th May**.

Elevate Education works with our students, delivering high impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series you will learn how you can help better support your children at home through reinforcing the skills they learn at school:

Wednesday 10th May

How to Help Get (and Keep!) Your Child Motivated

[Click here to register for free](#)

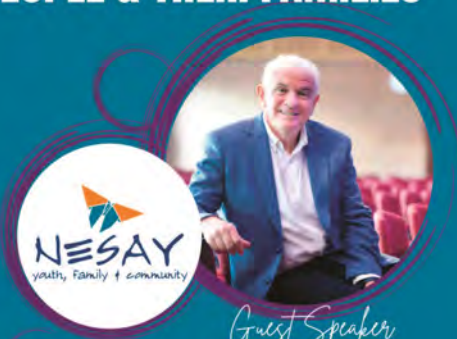
Here's what Elevate will be covering on the night:

- What impact does praise and reassurance have on your child's motivation?
- What are the best type of goals to be setting with your child?
- How can you help your child create meaningful and lasting motivation?

We hope to see you there!

[Click here to register for free](#)

Community Seminar
BUILDING HAPPINESS & RESILIENCE IN YOUNG PEOPLE & THEIR FAMILIES



Guest Speaker
DR MICHAEL CARR-GREGG

Wangaratta **THURSDAY** 04-MAY-2023
 Myrtleford **THURSDAY** 18-MAY-2023

Doors open with light refreshments provided at 5.45pm, with each session to commence at 6:30pm and close at 7:30pm.

Family Connections Through Art

CREATE AN ARTISTIC IMAGE OF YOUR FAMILY TREE WITH THE SUPPORT AND GUIDANCE OF LOCAL ARTIST *Lisa Bishop*

Wangaratta TUESDAY, 9TH MAY 2023 5:30PM
 Myrtleford TUESDAY, 16TH MAY 2023 7:30PM

PLACES ARE LIMITED, SO BOOK NOW & DON'T MISS OUT!
 This is for young people aged 12-18yrs, & a parent, grandparent or other important adult in their life



Rhythmic Drumming Together

Connect and have fun through African Drumming



Wangaratta 5:30pm - 7:30pm
Tuesday 23rd May 2023
 Myrtleford 5:30pm - 7:30pm
Tuesday 6th June 2023

This is for young people aged 12-18yrs, and a parent/grandparent or other important adult in their life
Places are limited so book now & don't miss out!



nesay.com.au/upcoming-events
 (03) 5720 2201

All events are FREE - scan here for more:



In the Community...

Have you heard of the TAC L2P Program?

The program matches **learner drivers** and **volunteer mentors** together so learners who are struggling to get their supervised hours, can be supported to successfully pass their driving test and gain their **P** plates.



In the past 12 years, the program has supported 130+ Alpine Shire youth to get their licence by providing lessons and driving practice in a community sponsored vehicle.

So, if you **need assistance** or you would like to **assist someone else** to get their licence, contact us for more information.

Learners and volunteer mentors alike can speak to the L2P Coordinator on 03 5755 0555 or email info@alpineshire.vic.gov.au



Check out Scouts!

At 1st Myrtleford Scout Group!

Scouting actively engages and supports young people aged 5-25 in their personal development, empowering them to make a positive contribution to society.

Our Section meeting nights are:
Joey Scout (ages 5-8) Monday 4:30-5:30pm
Cub Scouts (ages 8-11) Tuesday 6-7:30pm
Scouts (ages 11-15) Tuesday 6-7:30pm
Venturers (ages 15-18) Wednesday 6-8pm

We meet at 183 Buffalo River Rd, Myrtleford.

For more information or to join, contact gl.1stmyrtleford@scoutsvictoria.com.au or call 0438 403 068.



1800 SCOUTS
scoutsvictoria.com.au



Are you 15 years or older?
 Are you looking for your first job?
 Are you available to work on a Saturday?

If you answered YES to these questions, send me, Kerry a text. 0417 365 357

Tell me you're interested in getting a job and I'll give you a call to discuss things further.

FUTURE PROOF

Young People, Disaster Recovery and (Re)building Communities
 Engaging OUR Youth – OUR Future!

- Youth Led fun Activities
- Build Strong Connections
- Career Pathways
- Training Opportunities
- Youth Advisory Groups
- Safe and Inclusive
- Healing together
- Upskill

Youth Resilience Coordinator: Sarah Russell
 Email: sarah.russell@awahs.com.au

Youth Resilience Peer Worker: Chloe Sargeant
 Email: chloe.sargeant@awahs.com.au

Ph: 0473 466 517



Future Proof
 Young People, Disaster Recovery and (Re)building Communities



Myrtleford P12 College is a Child Safe School.
 All our Child Safe policies can be accessed on the College website.
<http://www.myrtlefordp12.vic.edu.au>

Our Sponsors Thank you for your ongoing support.



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WAW proudly partnering with Uniting for Food For Families.

Drop off non-perishable food here to help support vulnerable people facing crisis this Christmas.

foodforfamilies.org.au

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Owner/Operator - Kane Howell

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A/H 03 5752 2531

EMAIL: heitanafreight@gmail.com



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- Copying/laminating
- Service & Much More

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OFFICE MACHINE SPECIALIST advanced simplicity

- Our fortnightly newsletter is available for your enjoyment:**
- **On the Skoolbag app** available on Android and Apple devices. (Where you can also enjoy notifications about school related information, and access to parent forms)
 - **On the College website** at <http://www.myrtlefordp12.vic.edu.au/>
 - **Via email** (just let the office know and provide a valid email address)
 - **By hard copy** on request



Shop 4/68 Myrtle Street
(next to Buffalo Farm Equipment)

Creature Crafts
ph: (03) 57 521 494

For all your crafting needs:
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scrapbooking, cardmaking, haberdashery

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